



## Periodontal treatment in people with diabetes

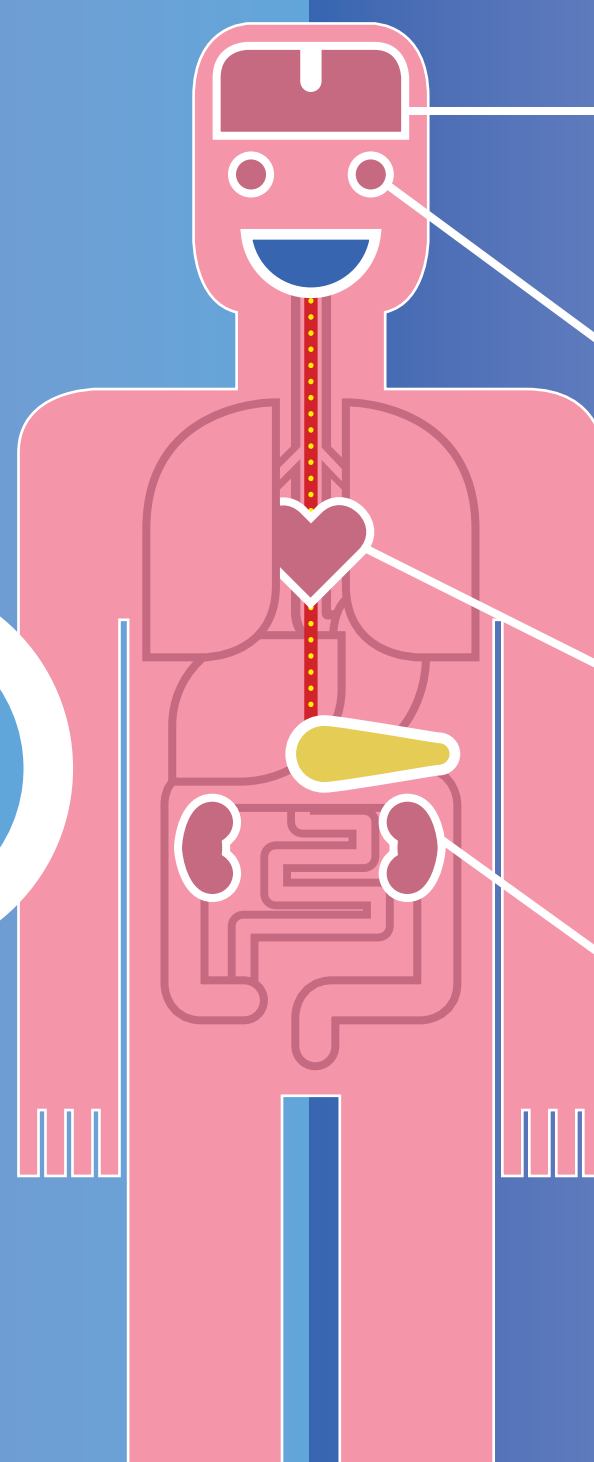
### Periodontitis and diabetes mellitus, a two-way relationship

What happens when you have **periodontitis** and **diabetes** at the same time

Diabetes mellitus increases **prevalence, progression, and severity** of periodontitis



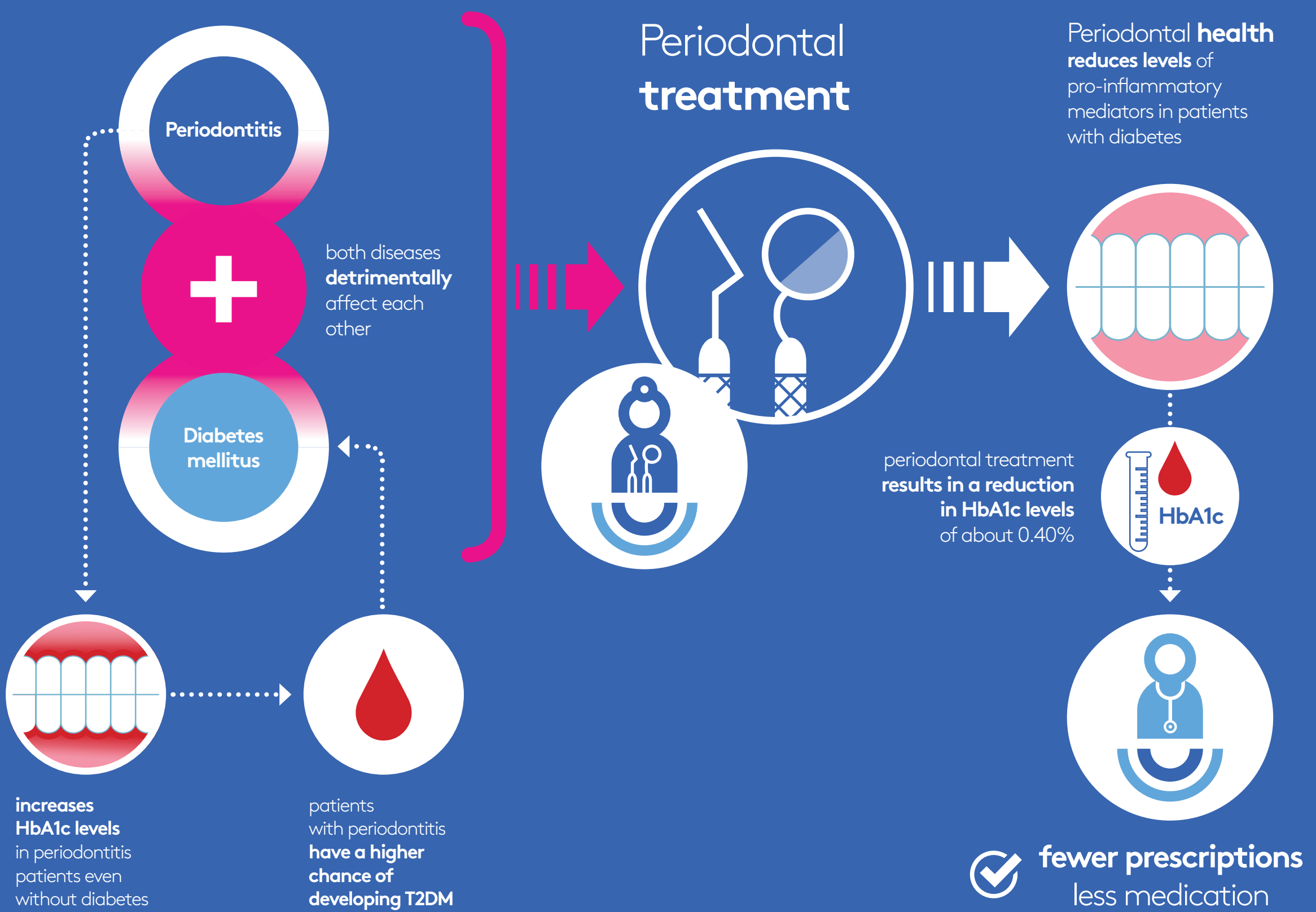
Periodontitis **influences blood-sugar control** in diabetes mellitus



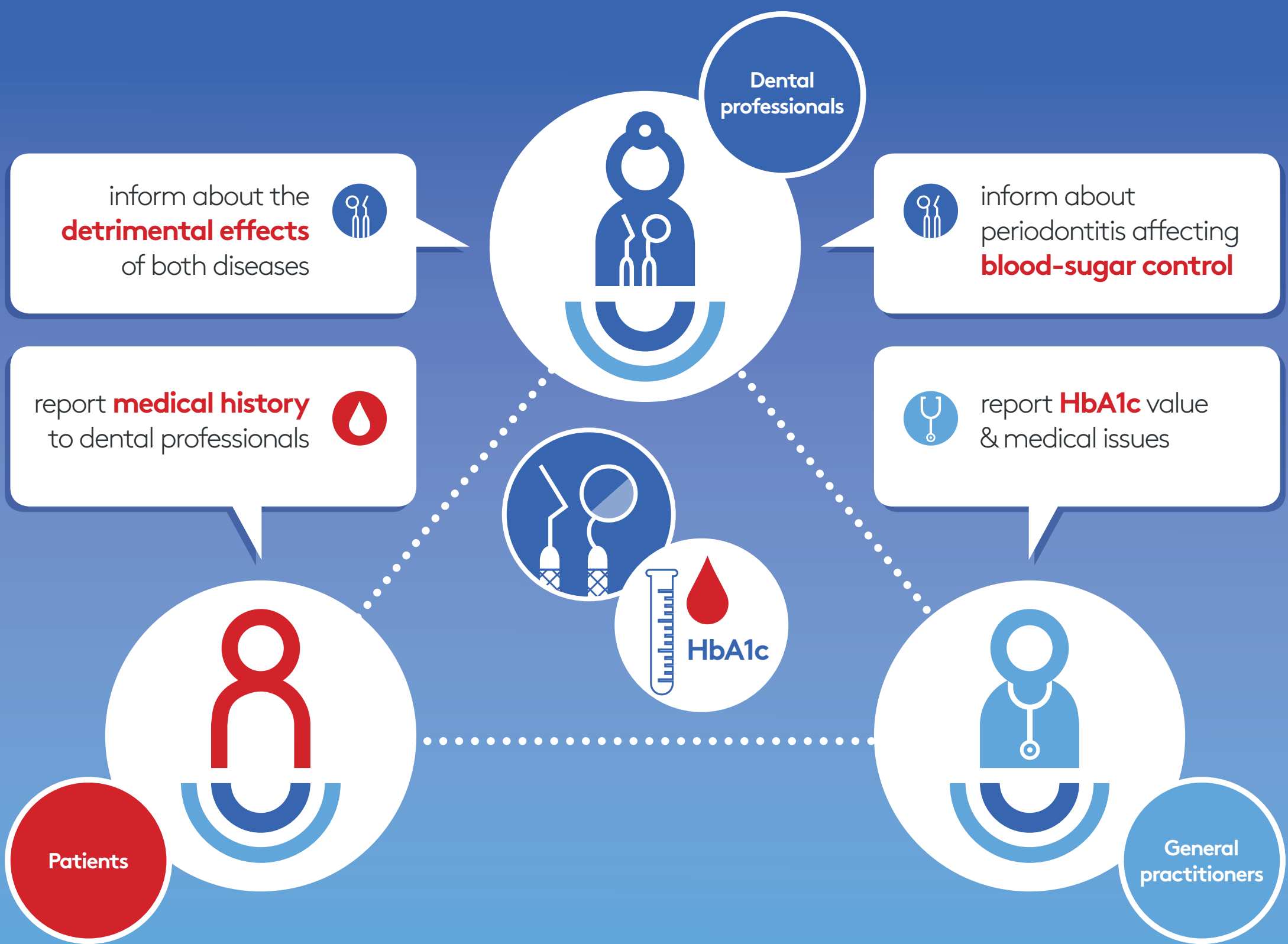
#### Complications of diabetes

- Stroke**  
Higher rate of cerebrovascular complications.
- Retinopathy**  
Increased risk for larger retinal venular diameter and general diabetes-associated retinopathy.
- Cardiovascular complications**  
Increased risk for coronary heart disease and dying from a heart attack (22% in 10 years.).
- Kidney failure and macroalbuminuria**  
Increased all-cause mortality risk (41% in 10 years).

### Influence of **blood-sugar**



### Periodontal treatment in people with diabetes Pathways of **communication**



Take care of **your gums**, control **diabetes**.

- visit your doctor regularly
- visit your dentist regularly
- control your diabetes
- clean your teeth twice a day
- watch your weight
- eat healthy foods, do not smoke